

FREEDOM

Bags

WOMEN



As women come in to Call to Freedom's ministry, often with no possessions, they receive a gift of a Freedom Bag that includes essential items. They are immediately shown love and support as they begin to transition out of the lifestyle of exploitation and abuse. When a person is referred and comes into Call to Freedom's program, they are treated with the dignity and the honor they deserve.

here's how to put together a freedom bag:

For a woman's bag, please choose a tote bag/zipper bag/backpack that has strong handles and could hold a number of items. Use the list below to fill the bag.

- T-shirt
- Long, stretchy yoga-type pants
- Light jacket or sweatshirt (optional)
- A pair of underwear, socks, and a sports bra
- Full size shampoo & conditioner, hair styling products (no aerosol cans), deodorant, full size toothpaste/toothbrush, full size body lotion, razor, hair ponies, comb/pick, lip balm
- Optional: personal touches like a wallet (perhaps including a gift card to purchase other necessities), journal, book, or water bottle



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